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## Visionary Leadership

Dorothy I. Mitstifer

The definition of leadership for most people depends upon the characteristics that are most valued. This description of leadership is based upon the view that great leadership depends upon vision—"not just any type of vision, but one that we can appreciate intellectually, emotionally, and spiritually" (Zohar, 2005, p. 45). Vision contributes what might be described as the glue of each community or enterprise—the driving force or the vitality within.

Visionary leadership leads to long-term thinking and pursuit of the greater good, not self-interest, and to sustainability and commitment to health over time. The approach to leadership discussed by Zohar (2005) includes three types of intelligence: material—what I think, social—what I feel, and spiritual—what I am. The IQ, or intelligence quotient, refers to rational, logical, rule-bound, problem-solving intelligence. The EQ, or emotional intelligence quotient, is found in trust, empathy, self-awareness, and self-control and in the ability to respond to the emotions of others. SQ, or spiritual intelligence, is a foundation of IQ and EQ and is the ability to access higher meanings, values, purposes, and the unconscious self that contribute to the values and purposes in living a rich and creative life.

Zohar (2005, pp. 46-47) identifies twelve principles for this spiritually intelligent leadership:

- Self-awareness: Knowing what I believe in and value, and what deeply motivates me
- Spontaneity: Living in and being responsive to the moment
- Being vision- and value-led: Acting from principles and deep beliefs, and living accordingly

- Holism: Seeing larger patterns, relationships, and connections; having a sense of belonging
- Compassion: Having the quality of "feeling-with" and deep empathy
- Celebration of diversity: Valuing other people for their differences, not despite them
- Field independence: Standing against the crowd and having one's own convictions
- Humility: Having the sense of being a player in a larger drama, of one's true place in the world
- Tendency to ask fundamental "why" questions: Needing to understand things and get to the bottom of them
- Ability to reframe: Standing back from a situation or problem and seeing the bigger picture; seeing problems in a wider context
- Positive use of adversity: Learning and growing from mistakes, setbacks, and suffering
- Sense of vocation: Feeling called upon to serve, to give something back

These are qualities that define adaptive systems. These living systems are holistic, emergent, and mutate to form new ones. Thus, healthy systems create order out of chaos.

In Reflective Human Action (Andrews, 1995), the principle of "accept chaos" calls on leaders to find order, which leads to the personal ability to change and renew and to provide leadership.

Zohar's notion of spiritually intelligent leadership (2005) depends upon humans (leaders) to develop and improve systems that are effective in evoking individual and organizational power to accomplish their deepest meanings, values, and purposes. When applying the twelve principles of spiritually intelligent leadership to

. . . collaborations and our lives, self-assertion become exploration, anger becomes cooperation, craving becomes self-control, fear becomes mastery, and so forth. Our motivations have been raised and this changes our behavior. As our behavior changes, our results change, as well as the whole purpose and meaning of our collaboration. (p. 51)

### Reference:

- Andrews, F. E., Mitstifer, D. I., Rehm, M., & Vaughn, G. G. (1995). Leadership: Reflective human action - A professional development module. East Lansing, MI: Kappa Omicron Nu.
- Zohar, D. (2005, Fall). Spiritually intelligent leadership. *Leader to Leader*, 38:45-51.

## The Role of Leaders as Helpers

It is generally understood that organizations and programs do not flourish with one leader in a group. Therefore, leaders have the responsibility to develop other leaders. Often individuals set goals in their quest for personal improvement. But like New Year's resolutions that seldom last beyond the first week of the New Year, people give up on such goals. Leaders can provide some preventative medicine in helping others set and achieve their goals. Goldsmith and Goldsmith (2006) identified the following reasons for giving up on goals:

**Ownership.** One of the common mistakes is reliance on a program or initiative that promises that a training program will deliver. This emphasis is on a program and not on persons themselves. Coaching by leaders needs to help individuals make self-determined decisions for change. Change objectives need to be generated from inside the person, and coaches need to help persons understand that they are ultimately responsible for their own behavior.

**Time.** Individuals have a natural tendency to underestimate the time required for change. Thus one's expectations and that of others for achievement of goals are often unrealistic. In a fast-paced world both the individual and the leader coach often have unrealistic expectations for positive, long-term change in behavior. Leaders, therefore, have a responsibility of helping individuals set realistic expectations and to understand that change takes time.

**Difficulty.** Once a goal is set, it is easy to over-estimate the ease of accomplishing it. Even when individuals understand the goal and the process for achieving it, they often confuse understanding with doing. Change requires real effort; there will be "trade-offs and challenges in their journey toward improvement" (Goldsmith and Goldsmith, 2006, p. 26). Helpers need to help prevent demoralization that can occur in dealing with change.

**Distractions.** Surprises occur in the journey toward change, and it is a challenge to maintain commitment toward change when crises or unexpected opportunities in either personal or work life occur. These unexpected distractions or competing goals can be handled more effectively if individuals assume they are normal and inevitable and plan in advance for them.

**Rewards.** After working so hard at becoming a more effective leader, it can be disappointing that the rewards don't appear as expected. Individuals need to understand that short-term benefits may not be the appropriate target; rather they need to set their sights on the long-term benefits and consider the change efforts as long-term investments in their future. This approach to their own development, reinforced by helpers, will help them "pay the short-term price for long-term gain" (p. 28).

**Maintenance.** It is inevitable that individuals will celebrate reaching their goal and consider it accomplished, only to discover that maintaining changed behavior can be tough.

Thus the more important approach is to understand that leadership is a process—not a state. "Leaders need to accept that their leadership development is an ongoing process that will never stop" (p. 28).

Goldsmith and Goldsmith (2006) summarize their position by stating that "real change requires real effort" (p. 28). Helpers will do individuals a great favor by helping them understand that there are no easy answers—real effort will be required for real change. It will be useful to understand that leadership is not a contest but a lifetime commitment to lasting change. It needs to be restated that coaches can be helpful but only individuals can produce long-lasting results in their quest for behavioral change.

### Reference:

Goldsmith, M., & Goldsmith, K. (2006, Winter). Helping people achieve their goals. *Leader to Leader*, 30: 24-29.

## Announcing ScholarCon 2015

Hilton Orlando, Florida,  
June 25-28, 2015  
[www.scholarcon.org](http://www.scholarcon.org)



ScholarCon is the "unconventional convention" that revolutionizes and redefines what it means to be a scholar. With an exciting mix of high profile speakers, engaging sponsors, and

interactive opportunities this energizing and invigorating experience directly connects thousands of the best and brightest to DARE fearlessly, DREAM outrageously, and DISCOVER relentlessly. Among the activities is the Kappa Omicron Nu sponsored Undergraduate Research Presentation Session.

The first four KON members accepted for presentation will receive free registration and \$300 for travel, and the first two KON advisers who apply for Mortar Board LEAD training will be fully reimbursed for expenses of registration, travel, and double room accommodations. Join the Kappa Omicron Nu Student Board Members at ScholarCon 2015!

Kappa Omicron Nu supports biennial national meetings, but is encouraging participation in ScholarCon 2014. There will not be an Assembly of Delegates Meeting but we will host the Undergraduate Research Conference. More information will follow about ScholarCon speakers and the URC.

Call for Papers for Undergraduate Research Presentations at ScholarCon 2015: [http://www.kon.org/CFP/cfp\\_urc.html](http://www.kon.org/CFP/cfp_urc.html)

## Chapter Program Awards

Kids & Careers, Undergraduate Research Chapter Project, and Social Responsibility (Taking It To The Streets, Nutrition Education through Entertainment, or Bullying: A Service-Learning Initiative) are activities for chapters (and members-at-large) to use their expertise and research (in collaboration with partner agencies, organizations, and institutions) to serve the general public and special populations. This is an opportunity to enhance public awareness and the leadership role of KON members and touch lives in the community. See <http://www.kon.org/awards/awards.html>.

### *Bullying Initiative: Service-Learning Initiative*

This is an opportunity for chapters to enhance public awareness and the leadership role of Kappa Omicron Nu members and touch lives in the community. Outreach to schools and children can address the problem of bullying. Grants are available for chapters to develop service-learning programs and to conduct research. See [www.chapters.kon.org/bullying/](http://www.chapters.kon.org/bullying/) for more information, or check out our Pinterest boards for ideas.

## Join us on the Web

- **New: Adviser Blog**—Advisers are encouraged to sign up as bloggers to share ideas and ask for input and help. Please request login credentials from [dmitstifer@kon.org](mailto:dmitstifer@kon.org).
- **Human Sciences Blogs**—Members are encouraged to sign up as regular or guest bloggers. These blogs are located on the Homepage menu at the Human Sciences Blogs link, or by navigating directly to <http://humansciences.kon.org/>. There are four blogs: Student, Professional, Undergraduate Research, and News. The blogs are an opportunity to participate in social media in a substantive way. Somewhere, Something Incredible is Waiting to be Known--that's the title of an article in KM World (July/August, 2013) and a good description of the objective of the Human Sciences Blogs.
- **Student Blogs**—Announcing ALYSSA WILLIS as Kappa Omicron Nu Undergraduate Student Blogger. Alyssa is a member of the Omicron Beta Theta Chapter at Montclair State. Alyssa will submit a message once a month, and she would love to hear from you. Follow Alyssa at <http://humansciences.kon.org/student/>. Watch for our new graduate student bloggers soon, too!
- **Social Media**—You can now find Kappa Omicron Nu on Facebook, Twitter, LinkedIn, Pinterest, and Tumblr! Look us up on your platform of choice to spark a conversation with our colleagues across the nation and around the world.



## ANNOUNCING: Leaders in Family and Consumer Sciences

### *Call for Nominations, Authors, and Reviewers*

Leaders in Family and Consumer Sciences will document and recognize individuals who have contributed to advancing the quality and impact of the profession of family and consumer sciences/human sciences. Recognition will be given to educators, administrators and managers, human service and business professionals, researchers, and others in the multiple practice settings and content areas who have contributed to the development of the field of study and practice.

Read more about Nomination Form, Author Agreement Form, and Guidelines for Authors at <http://blog.kappaomicronnu.org>.

Send an email to [submissions@kon.org](mailto:submissions@kon.org) by December 15, 2014 or until such time as the limit for the book has been met to nominate leaders and volunteer as author and/or reviewer.

## 2014-2015 Fellowship and Award Recipients



### *Master's Fellowships*

- Kelsie Nicole Doty (Omicron Theta, Kansas State University)—Eileen C. Maddex Fellowship

### *Ruth E. Hawthorne Research Grant*

- Crystal Duncan Lane (Kappa Alpha Theta Chapter of Eastern Illinois University)—“In the Shadow of the Ribbon: Experiences of Women with Stage IV Breast Cancer”

### *National Alumni Grant and the Kappa Omicron Nu New Initiatives Grant*

- Virginia Vincenti (Omicron Tau, University of Wyoming)—“Understanding Elder Financial Exploitation in the Family: Identifying Relational Complexities.” Collaborators on the project include Axton E. Betz-Hamilton (Eastern Illinois University), Karen P. Goebel (University of Wisconsin-Madison, and Donovan P. Rudisuhle (Laramie, WY).

### *Undergraduate Research Awards*

- Zachary Grunewald (Omicron Pi, Florida State University) and Mentor (Dr. Arturo Figueroa)—“The Effects of Oral L-Citrulline and Caffeine Supplementation on Arterial Function in Healthy Males.”
- Rebecca Walker (Kappa Delta Rho, Olivet Nazarene University) and Mentor (Dr. Catherine Anstrom)—“Nutritional Profiling Systems: Can They Be Implemented in Subsidiary Food Pantries for Reducing Nutrient Deficiencies among the Elderly?”

### LeaderShape Institute Award

- Alyssa Rose Willis (Omicron Beta Theta, Montclair State University)

Chapter Scholar Program Grants – \$15,000

**These benefits of membership  
total \$40,000!**



2015-2016 Awards

### Master's Fellowships

- Eileen C. Maddex Fellowship—\$2,000 awarded annually from an endowment in the Omicron Nu Fellowship Fund in honor of her contributions as Omicron Nu Executive Director.
- National Alumni Fellowship—\$2,000 awarded biennially by the National Alumni Chapter.

### Doctoral Fellowships

- Hettie Margaret Anthony Fellowship—\$2,000 awarded for doctoral study from the Kappa Omicron Phi Fellowship Fund in honor of her as founder of Kappa Omicron Phi at Northwest Missouri State.
- Omicron Nu Research Fellowship—\$2,000 awarded annually for doctoral research from the Omicron Nu Fellowship Fund.
- Betty Jeanne Root Fellowship—\$2,000 awarded biennially for doctoral research.
- Marjorie M. Brown Fellowship—four classifications of critical science research awards are available; one award among these alternatives will be granted annually—\$10,000.

### Research/Project Grants

Cross-specialization and integrative research is the research priority for the honor society. Multi-year proposals will be considered.

- National Alumni Chapter Grant—\$1000 awarded annually as a project of the National Alumni Chapter.
- New Initiatives Grant—\$3,000 awarded annually from the Kappa Omicron Nu New Initiatives Fund.
- Kappa Omicron Nu/Ruth E. Hawthorne Research Grant—\$3,000 awarded to tenure track assistant professors seeking support for a research/creative activities agenda.

### Advisor Award of Excellence

### Chapter Award of Excellence

### Kappa Omicron Nu Fellowships and Grants for Members

- LeaderShape Institute Award—Three annual \$300 awards with matching awards for mentors.
- Service-Learning Grant Program—2 @ \$500
- School Bullying Undergraduate Research Grant Program—2 @ \$500
- School Bullying Service-Learning Grant—2 \$500 grants awarded annually.

Scholar Program—Variable Grants to chapters

Program Awards—Total: \$2,000

- Kids & Careers
- Undergraduate Research Chapter Project
- Social Responsibility—Taking It To the Streets
- Social Responsibility—Bullying Initiative
- Undergraduate Research—Three annual \$300 awards with matching awards for mentors. Class papers, independent research papers, and creative projects are eligible for the award.

To apply for any of these awards or grants, visit [www.kon.org](http://www.kon.org).

Kappa Omicron Nu minisite:

### Mentoring Undergraduates in the Human Sciences

<http://mentoring.kon.org/>

This minisite has the goal of emphasizing the benefits of and improving undergraduate research in the human sciences associated with engagement: student learning, retention, and possible connections to post-baccalaureate study and involvement. The resources provided in the minisite are rooted in enduring principles, which began with the relationship between Telemachus and Mentor in Greek Legend.

### Member Benefit: Geico Discount

Geico provides generous support to Kappa Omicron Nu and our members. Visit [geico.com/stu/kon](http://geico.com/stu/kon) or call 1-800-

368-2734 for a free, no-obligation rate quote—our members may be eligible for an **8% discount**. Each quote helps to support KON's programs and scholarships.



## Kappa Omicron Nu Election

The Nominating Committee, following an open call for nominations, considered the qualifications of nominated candidates for the board of directors and committees for 2014 pursuant to Article VII, Section 2, D. "It shall be the responsibility of the [elected members of the] Nominating Committee to propose at least one candidate for each office and committee vacancy to be filled."

—*Janelle Walter (Chair),  
Kitty Coffey, Sammie  
Garner, & Kathleen Rees*

### Candidate Biographical Information

#### First Vice Chair

**Kendra Brandes**—*Associate professor of Family and Consumer Sciences, Bradley University.*

**Biographical Sketch**—Previous officer and committee contributions for Kappa Omicron Nu include service as Vice-Chair, 2012-2014, and chapter advisor to Bradley University since 2005. Offices held for other family and consumer sciences organizations, including president of the Home Economics Foundation of the Peoria Area, Board

memberships and service as Vice President of Internal Affairs for the Illinois Association of Family and Consumer Sciences, and Vice President of Membership for the Chanel Island District of the California Home Economists in Homemaking.

**Philosophy related to the Kappa Omicron Nu mission**—When I ran for a position on the Kappa Omicron Nu Board of Directors two years ago, I spoke of an appreciation for the opportunity to watch students develop leadership skills as they served the honor society in their various roles in the local chapter and at Conclave. The past two years have only heightened my appreciation for the role that this organization can play in the professional growth of our students. Working with students who are serving on the national board has given me a glimpse of the level of empowerment that students can achieve when they are focused upon moving beyond simply planning actions. Our student board members are helping to develop policy. As the honor society positions for the next two years, there are plans to support the ACHS initiative "The Plan for Aiming Higher." This initiative focuses on helping local chapters to improve their effectiveness. Working with students on both the

national and local levels to develop ways to meet this initiative would be a fulfilling activity on both personal and professional levels. I would welcome the opportunity to serve a second term as First Vice Chair and continue this involvement.

#### Secretary

**Bonita Manson**—*Associate professor, Department of Family and Consumer Sciences, South Carolina State University.*

**Biographical Sketch**—Dr. Bonita Manson has served as a board member for several organizations, including serving as secretary for Kappa Omicron Nu previously. She has also served as secretary and family support chair for Edisto Habitat for Humanity, and as vice-president of finance, student unit advisor, and recognition and awards chair for the South Carolina Association of Family and Consumer Sciences. Dr. Manson has served as co-principal investigator on three funded research projects in the field, and has published extensively in the areas of Family and Consumer Sciences and in Education.

**Philosophy related to the Kappa Omicron Nu mission**—KON's mission is to empower students to become leaders

in the profession so that they can achieve the goals of the human sciences. Helping individuals and the community to achieve the goal of self-sufficiency and providing support is important to the improvement of the conditions of society. When students begin to understand the importance of doing for the less fortunate, they not only develop compassion but have an opportunity to understand the impact the profession has on society.

Committed membership in Kappa Omicron Nu helps students learn how to work with others and follow through. Membership gives students an opportunity to learn many skills that will benefit them in their course work and throughout their careers. Scholarship and research opportunities are also important. Research in the profession adds to the body of knowledge and allows students to study their interests, develop organizational skills, and enhance their writing skills.

As a member of the board, I would like to assist students in achieving the Kappa Omicron Nu mission by promoting scholarship, leadership and research. I would be honored to make sure the policies of the KON required program for 2012-2016 are accomplished.

## Announcing Kappa Omicron Nu Publications

See order forms at <http://www.kon.org/publications/pubs.html>

### Transformative Practice: New Pathways to Leadership

by Sue L. T. McGregor

This book will be of interest to professionals interested in transforming practice to effectively serve humanity and the common good within an increasingly imbalanced and volatile global environment.

## Editorial Committee

**Lorna Brown—Mentoring Project Director, Kappa Omicron Nu**

**Biographical Sketch**—I became a member of KON while working on my bachelor's degree at Brigham Young University. I have been involved in several research projects for KON throughout my career including my present work with KON's mentoring and bullying minisites, the KMhsWiki, a previous mentoring project, and the final segment in the Heritage of Home Economics series. I also served on KON's Editorial Committee previously. I was a member of the American Association of Consumer Sciences' Body of Knowledge Committee and have filled several responsibilities (president, secretary, and newsletter editor) for the Maryland Association of Family and Consumer Sciences throughout my career.

**Philosophy related to the Kappa Omicron Nu mission**—The publications that KON offers may contribute to the empowerment of human science and other professionals. I believe that leaders can be empowered to act in meaningful, informed ways that inspire informed action in others when they have the knowledge, tools, and models available to them to facilitate such action.

**Catherine Coccia—Assistant Professor, Dietetics and Nutrition, Florida International University**

**Biographical Sketch**—Service to KON includes

participation as a member and as a chapter advisor from 2012-2013. Ms. Coccia was also the recipient of a KON Doctoral Research Fellowship for 2010-2011. She belongs to the Academy of Nutrition and Dietetics, the Miami Dietetic Association, and the National Council on Family Relations. She served as National Nutrition Month Co-Chair for the Gainesville District Dietetic Association from 2006-2007.

**Philosophy related to the Kappa Omicron Nu mission**—My philosophy as a practitioner, teacher, and researcher is to empower the community to enhance quality of life through positive health behavior change. I encourage my clients to make good health decisions, I encourage my students to become leaders in their respective fields, and I lead multi-disciplinary research endeavors that encourage long-lasting positive changes for the community.

## Nominating Committee

**Gwen Lucas—Special Assistant to the Chairperson, Department of Human Sciences, Alcorn State University**

**Biographical Sketch**—Gwendolyn Lucas, a native of Port Gibson, Mississippi, holds a BS in Business Administration and MS degrees in both Workforce Educational Leadership and Elementary Education, all from Alcorn State University. She is completing her doctoral degree in Educational Leadership with a concentration in Curriculum and Instruction. Ms. Lucas is a member of

and has served as an officer for various community and other organizations, and she is the primary advisor to KON's Kappa Gamma Alpha Chapter. She also serves on the Delta Sigma Theta Southern Region Leadership Team as MS State Coordinator for Membership Intake.

**Philosophy related to the Kappa Omicron Nu mission**—My philosophy is embedded in the ability to empower potential leaders with the skills, knowledge, resources, opportunity, inspiration, motivation, and encouragement to become great leaders. In addition, I hold potential leaders accountable for their actions. This will entail a vision and a purpose. Empowerment is the ability to think outside the box to achieve a goal and to lead in a powerful way to encourage others to be self-thinkers, self-motivated, and self-believers. As an advisor of future leaders, I have to empower them to take initiative, be decision-makers, and improve their service and performance academically and socially.

**Kathleen O'Rourke—Professor, Family Services, Eastern Illinois University**

**Biographical Sketch**—Professor, Family Services, Eastern Illinois University; Chapter Adviser, Kappa Alpha Theta; Active in American Association of Family and Consumer Sciences, National Council on Family Relations, Illinois Council on Family Relations, American Cancer Society Colleges Against Cancer.

**Philosophy related to the Kappa Omicron Nu mission**—Professional

and personal empowered leadership is shaped by our core philosophy. Since the Reflective Human Action theoretical framework was introduced to me at the 1995 Kappa Omicron Nu Conclave, the model has influenced my philosophy of leadership. Authenticity, reflective action, and meaningful engagement are three concepts of utmost importance in my life. These concepts are evidenced in my mentoring relationship with students, my professional relationships with colleagues, and my personal relationships. The mission of the Lance Armstrong Foundation also influences my core philosophy: "Unity is strength, Knowledge is power, and Attitude is everything." To serve as empowered leaders, we must draw strength from collective groups, understand that learning is a lifelong process, and embrace opportunities with optimism and hope.

## Message from the Board

For years, the Kappa Omicron Nu board, leadership, advisers, student members and professional alumni have acted upon the premise that learning opportunities must extend well beyond the classroom. Our chapter programming, publications, activities, leadership, mentoring, and undergraduate research initiatives have always recognized that empowering tomorrow's professionals to achieve excellence means reaching a little further, trying a little harder, and aiming a little higher. Not one, but two

exciting developments in 2014 both validate this philosophy and inspire us to redouble our efforts as we plan for the future.

**Great Jobs, Great Lives: The 2014 Gallup-Purdue Index Report**

In a study of more than 30,000 college graduates across the U.S., Gallup-Purdue examined “the relationship between the college experience and whether college graduates have great jobs and great lives.” This approach attempted to look beyond typical but shallow measures of educational success (e.g., job placements, grad school acceptance, starting salaries) to determine which criteria might engender lifelong well-being and workplace satisfaction.

The findings, available online at <http://products.gallup.com/168857/gallup-purdue-index-inaugural-national-report.aspx>, indicate that extracurricular collegiate learning experiences like those we strive to provide through Kappa Omicron Nu play a significant role in determining whether or not graduates will be engaged at work in fulfilling jobs, and in

their odds of thriving across multiple measures of well-being... throughout their lives!

**The Plan for Aiming Higher**

The Association of College Honor Societies (ACHS) developed a strategic direction that was unanimously adopted by the KON Board in July of this year. The Plan for Aiming Higher will examine the Gallup-Purdue Report and other data to demonstrate the difference honor societies make in individual lives, universities, communities, and society. The findings will help both ACHS and KON to develop a strategic plan for improving honor society effectiveness, and will encourage collaboration among honor society chapters on campus. Cross-society collaboration will be supported through Adviser Grants and through the development of Honors Councils to focus on co-curricular high-impact practices, functional organizational activities, and support for honor society advisers and officers.

The Kappa Omicron Nu Board is enthusiastic about supporting this endeavor

because we believe it will help our institutions to meet the ever-increasing demand for a better qualified 21st century workforce. We also believe that the role of honor societies, as Gallup-Purdue shows us, cannot be underestimated when it comes to creating the conditions required for

a lifetime of well-being and satisfaction. This program will enable us to draw upon the talents and passions of our co-curricular colleagues to create a meaningful difference in students’ education and lives for many years to come.

*(continued on page 8)*

**Call for Papers for Kappa Omicron Nu FORUM**

*Special Issue: International Home Economics Leaders (FCS, Human Sciences, Human Ecology)*

*Guest Editor: Sue McGregor*

**Objectives:** This special issue will celebrate professionals from the international (non-U.S.) community who have contributed to the global advancement of home economics, family and consumer sciences, human sciences, human ecology and the varied fields therein.

Authors can profile educators, administrators and managers, human service and business professionals, researchers, and others in the multiple practice settings and content areas who have contributed to the development of the field of study and practice, as well as to theoretical and philosophical aspects of the field.

*Kappa Omicron Nu FORUM* is a refereed publication outlet for both members and non-members. Manuscripts will be accepted until further notice. Further information and the “Guidelines for Authors” can be found at [http://kon.org/CFP/cfp\\_gfa.html](http://kon.org/CFP/cfp_gfa.html) or contact:

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**# 2015 Kappa Omicron Nu Election Ballot**

Vote for candidates as indicated and return completed ballot to the address below by **December 19, 2014**. *(Order drawn by lot)*

**First Vice Chair**  
*Vote for 1*

m Kendra Brandes  
m \_\_\_\_\_

**Secretary**  
*Vote for 1*

m Bonita Manson  
m \_\_\_\_\_

**Editorial Committee**  
*Vote for 2*

m Lorna Brown  
m Catherine Coccia  
m \_\_\_\_\_

**Nominating Committee**  
*Vote for 2*

m Gwen Lucas  
m Kathleen O'Rourke  
m \_\_\_\_\_

**Return ballot to KON Election**  
4990 Northwind Dr., Ste 140,  
East Lansing, MI 48823-5031  
*or email your choices to [lwbooth@kon.org](mailto:lwbooth@kon.org)*

# Message from the Board:

(continued from page 7)

## Programming and Projects That Matter

As we look forward for new ways to strengthen our organization and our members, we will continue to focus on the many initiatives and efforts already underway to provide valuable learning experiences and a lifetime of leadership skills. Among those are the Under Graduate Research program, where manuscripts are now being accepted at [dmitstifer@kon.org](mailto:dmitstifer@kon.org), and the recent launch of our Mentoring mini-site at [mentoring.kon.org](http://mentoring.kon.org). Mentoring Undergraduates in Human Sciences is designed to emphasize the benefits of and improve undergraduate research

in the human sciences associated with engagement: student learning, retention, and possible connections to post-baccalaureate study and involvement.

We are also excited to embark upon our second ScholarCon in 2015, at the Hilton Orlando June 25-28. Mark your calendars and plan to attend! While ScholarCon is not our biennial KON meeting, it's a fantastic learning opportunity that includes a Kappa Omicron Nu sponsored Undergraduate Research Presentation Session. Information is available by clicking the ScholarCon image on the KON homepage ([www.kon.org](http://www.kon.org)). While you're there, catch up with us using the

social media links and get ready for some exciting website changes to come in the spring!

Finally, congrats to this year's leaders and award winners, leading by example in our quest to "aim higher," including our most recent honorees, Dr. Suzy Weems, Dr. Janelle Walter, and Dr. Deborah Tippett. Suzy and Janelle were named Fellows of the Academy of Nutrition and Dietetics, and Deborah takes home the AAFCS Distinguished Service Award for 2015. We are proud of you, and of all of our colleagues for demonstrating such commitment to the many fields of the Human Sciences. Working together, our efforts create tangible, life-improving results across our communities and across the globe.



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