

# Half the Sky

## Turning Oppression into Opportunity for Women Worldwide

**Deborah Tippett, Meredith College**

Half the Sky: Turning Oppression into Opportunity for Women Worldwide by Pulitzer Prize winners Nicholas Kristof and Sheryl WuDunn offers much insight into problems facing women in our world. Kappa Omicron Nu chapters would benefit from reading this book as they embrace KON's social responsibility theme through the Seven Wonders of a Socially Responsible World.

Much of the book speaks to the power of education both of those who live on \$2.00 a day and those who spend \$2.00 a day on a cup of coffee. Kristof and WuDunn (2009) note "America's schools rarely convey much understanding of the 2.7 billion people (40% of the world's population) that live on less than \$2.00 a day," (p. 21) and that "One of the greatest failings of the American education system, in our view is that young people can graduate from university without any understanding of poverty at home or abroad," (p. 88).

The book tells real stories of women who are both experiencing and fighting slavery, prostitution, and rape. Issues such as lack of access to education and maternal health and extreme poverty are illustrated.

Readers understand both the victims and the victors through family stories that are written with empathy and understanding.

The first time I read Half the Sky, I was saddened by the personal stories of the real women. I knew the statistics but the book gave faces to the numbers. When our college selected the book for our summer reading program, I read it again. This time I saw the hope in the social entrepreneurs and in the solutions of the women through empowerment.

Nicholas Kristof visited Meredith College on September 20, 2010 to discuss this book. He stated that he and his wife wanted to write a triumphant book with stories where women overcame obstacles. "Young people are more engaged in the world than the previous generation," noted Kristof. He advised students to study abroad in countries that will give their parents grey hair and to find a cause larger than them. Kristof closed his lecture by stating that if you were a student in America today, you had "won the lottery of life."

## Perseverance

**Dorothy I. Mitstifer**

A new book by Margaret Wheatley by this title focuses on her search for answers to how people remain dedicated to causes in the midst of failure, betrayal, and reversal. How do they sustain themselves over time? Through her international work, Wheatley has questioned people in various cultures who have persevered despite harsh circumstances. This book summarizes her findings and is designed to help the reader persevere.

Through selected quotes and short topics, Wheatley explores the dimensions of perseverance. Chapter titles include:

- ◆ Here is a river
- ◆ Let go of the shore

- ◆ Take nothing personally
- ◆ Banish the word struggle
- ◆ For we are the ones

Perseverance helps organizations and people with the dilemma of how to maintain integrity, focus, and effectiveness while coping with upheavals and uncertainty.

In Wheatley's words, "This book is my offering to you if you seek to be one who perseveres, if you hope that your work and life contribute to making things better, not worse, for the people, issues, and places you love."

Wheatley, M. J. (2010). Perseverance. Spokane, WA: Berkana Publications. Order from [www.margaretwheatley.org](http://www.margaretwheatley.org).

## Resilience

**Dorothy I. Mitstifer**

Leaders in the field of research on children and youth at risk concur that a change from a negative approach of looking at problems (pathology) to a focus on resilience and "self-righting" factors (strengths) protect those at high risk for developmental handicaps. That's not news to the human sciences and its strength-based approach to human development.

## In This Issue . . .

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- ◆ *2010 KON Election*

What is encouraging, though, is the effort through the Resilience Research Centre (RRC) to engage international professionals from social work, sociology, psychiatry, health statistics and measurement, psychology, medical anthropology, education, medicine, theology, child and youth studies, and epidemiology to understand the ways we can intervene to help children and youth at risk.

Michael Ungar of the RRC defines resilience as follows:

In the context of exposure to significant adversity, resilience is both the capacity of individuals to navigate their way to the psychological, social, cultural, and physical resources that sustain their wellbeing and their capacity individually and collectively to negotiate for these resources to be provided in culturally meaningful ways. ([www.resilienceproject.org](http://www.resilienceproject.org))

The RRC multidimensional model of resilience addresses the following factors of successful navigation and negotiation for wellbeing: individual, relationship, community, cultural, and physical ecology. Annual international conferences are conducted to share resilience research and to consider ways to foster healthy responses. The next conference will be held at the University of Brighton, England, April 6-7, 2011.

## Gender Disparity: What Should We Do?

**Dorothy I. Mitstifer**

A recent Harvard Business Review article (Carter & Silva, 2010) discussed the delusions of progress of women in management. Women are a lot further from parity than expected at this point in time. For the past 10-15 years, the general consensus was that there was progress, but new research shows that women, right from the first professional job, lag

men in advancement, compensation, and career satisfaction. "That first landing spot—whether you get coached, developed, and mentored or you get a bad manager—casts the die" (p. 21). This research finding by Catalyst is significant as we consider mentoring young women in the human sciences.

Carter, N. M., & Silva, C. (2010, March). Women in management: Delusions of progress. *Harvard Business Review*, pp. 19-21.



## Kappa Omicron Nu Activity for Seven Wonders of the Socially Responsible World: Health

### Collaborate with AAFCS\* & CCHS\*\* in TAKING IT TO THE STREETS

\*American Association of Family and Consumer Sciences

\*\*Coordinating Council of Honor Societies

### Kappa Omicron Nu TAKING IT TO THE STREETS

Taking It To The Streets is an activity for chapters and members-at-large to use their expertise and research (in collaboration with partner agencies, organizations, and institutions) to serve the general public and special populations. This is an opportunity to enhance public awareness and the leadership role of KON members and touch lives in the community.

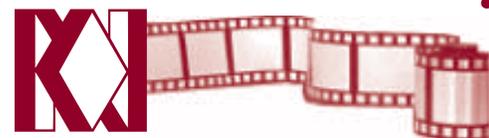
#### Critical Issue: Childhood Obesity

Data from the Centers for Disease Control (CDC) suggest that childhood obesity has reached epidemic proportions. Unhealthy

weight and inactivity in childhood continues into adulthood and have life-threatening consequences. Thus, preventive health measures, including activities that increase young children's physical activity and knowledge about nutrition are indicated for bringing obesity under control.

Strategies<sup>1</sup> for TAKING IT TO THE STREETS include opportunities to

- ◆ design a project related to "Fuel Up & Play 60" programs. Check the free resources of the National Dairy Council at [www.floridamilk.com/dairy/fuel-up-to-play-60/](http://www.floridamilk.com/dairy/fuel-up-to-play-60/), or
- ◆ collaborate with nursery schools or day care programs to design a project to attack childhood obesity - Eating Smart Moving More is a program developed by East Carolina University to focus on Preschools and Day Care. See [www.eatsmartmovemorenc.com/Preschool.html](http://www.eatsmartmovemorenc.com/Preschool.html), or
- ◆ collaborate with an elementary school to use Nutrition Café developed by Pacific Science Center and Washington State Dairy Council -



## Kappa Omicron Nu Membership Video

Kappa Omicron Nu is pleased to announce a membership video that outlines the nature and benefits of membership. It ends with an invitation to membership by the Kappa Omicron Nu student board members. Visit [http://www.kon.org/chapter\\_files/mem\\_chapinfo.html](http://www.kon.org/chapter_files/mem_chapinfo.html) to play the video.

## Announcing addition to Kappa Omicron Nu FORUM, Volume 16, Number 2

### Research Across Disciplines: Sharing Our Stories

Sue L. T. McGregor - Historical Notions of Transdisciplinarity in Home Economics

[http://www.kon.org/archives/forum/forum\\_archives.html#f16b](http://www.kon.org/archives/forum/forum_archives.html#f16b)

- interactive games at <http://exhibits.pasci.org/nutrition/>, or
- ◆ collaborate with a middle school to implement “Exercise Your Options.” This program assesses current food and activity choices and helps plan for improvement - [www.dairycouncilofca.org/educators/ClassroomPrograms/ProgramsEYO.aspx](http://www.dairycouncilofca.org/educators/ClassroomPrograms/ProgramsEYO.aspx) or implement We Can!® - [www.nhlbi.nih.gov/health/public/heart/obesity/wecan/](http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/), or
  - ◆ design a training program for mothers of young children to focus on childhood obesity - Fit Families = Healthy Families – [www.kon.org/FitFamilies=HealthyFamilies.pdf](http://www.kon.org/FitFamilies=HealthyFamilies.pdf). (permission granted by NIU for use of this resource), or
  - ◆ use “My Pyramid for Kids” material to develop activities for children 6-11. Activities can be found at [www.mypyramid.gov/kids/index.html](http://www.mypyramid.gov/kids/index.html), or
  - ◆ design a program using First Lady Michele Obama’s “Let’s Move!” - this program has an ambitious but important goal: to solve the epidemic of childhood obesity within a generation - [www.letsmove.gov/](http://www.letsmove.gov/), or
  - ◆ create cross-campus collaborations among student organizations to develop new initiatives related to childhood obesity.

<sup>1</sup> Resources listed are suggestions only. There are undoubtedly others that partners can suggest.

## Kappa Omicron Nu TAKING IT TO THE STREETS

### Activity for Demonstrating Social Responsibility Related to Health

**Directions:** Facilitate the following activity to identify a chapter project. Provide copies of this worksheet for participants.

Working in groups of 3-5 people, list 2-3 needs regarding childhood obesity on your campus or in the community.

Prioritize needs – The top priority is:

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Write objective to achieve the top priority need (use strong verb to convey outcome).

Share in Large Group, and choose the top priority for action.

**Priority:** \_\_\_\_\_

Action Plan - Action Steps:

What, How	Partner(s)	Who	When

How will achievement of the plan be evaluated?

How will you celebrate success and publicize your efforts?

Report plans and outcomes to KON at [dmitstifer@kon.org](mailto:dmitstifer@kon.org) by June 1. Awards for the best projects will be announced July 1. See [www.kon.org/awards/awards.html#SR](http://www.kon.org/awards/awards.html#SR).

#### Potential Local Partners

City, County, and State Health Departments; Campus or local Day Care Centers; Community Public School District and private or religious schools; AAFCS, state, or district family and consumer sciences associations; university nutrition faculty; student organizations in academic unit (including AAFCS Student Unit); nursing and medical student organizations; among others.

#### Other Resources

Background information about **childhood obesity** can be found at [www.edact.com/blog/?p=40](http://www.edact.com/blog/?p=40), Information from the Surgeon General and the White House Task Force are included.

**CHAMPS data** give the statistics about the impact of preschool initiatives in fighting childhood obesity. See <http://preschoolmatters.org/2010/03/09/>

[preschool%E2%80%99s-role-in-fighting-childhood-obesity/](http://preschool%E2%80%99s-role-in-fighting-childhood-obesity/).

**Eat Right Nutrition** tips from ADA can be found at [www.eatright.org/public/content.aspx?id=206](http://www.eatright.org/public/content.aspx?id=206).

**Medical Nutrition Therapy** is a document prepared by East Carolina University to provide guidance on topics to be discussed with overweight children. See [www.ecu.edu/cs-dhs/pedsweightcenter/mnt.cfm](http://www.ecu.edu/cs-dhs/pedsweightcenter/mnt.cfm).

**AAFCS initiative** - [www.aafcs.org/Advocacy/obesity.asp](http://www.aafcs.org/Advocacy/obesity.asp),

Note: The “seven wonders” are based upon the following reference:

Sachs, J. (2008). *Common wealth: Economics for a crowded planet*. New York: Penguin Press.

Our thanks to the following for supplying ideas for this activity:

- ◆ **Jill Englett**, University of North Alabama
- ◆ **Nancy Harris**, East Carolina University
- ◆ **Laura Smart**, Northern Illinois University
- ◆ **Pat Thibault**, Immaculata University

## Rubric Samples for Higher Education

<http://rubrics.kon.org/>

**Definition:** A rubric is a scoring guide composed of criteria used to evaluate performance, a product, or a project. A rubric allows for standardized evaluation according to specified criteria, making grading and ranking simpler and more transparent in a reliable, fair, and valid manner at several levels.

Rubrics and similar assessment instruments are included in the following categories:

- ◆ Undergraduate Research - student learning and development outcomes, presentations, and research manuscripts.
- ◆ Student Organizations - organization effectiveness and adviser as teacher.
- ◆ Reflection - content analysis forms for a course and a workshop.

Feedback and suggestions for change as well as additional categories of rubrics are welcome.

This is an invitation to share rubrics for the use of others in higher education. Send Word documents or PDFs to Dorothy I. Mitstifer at [dmitstifer@kon.org](mailto:dmitstifer@kon.org).

## Career Education for Schoolchildren, Ages 9-12



This program has been developed by Kappa Omicron Nu to give high school and college students and professionals the resources necessary to share hands-on Human Sciences (HS) experiences

with schoolchildren ages 9-12. This program intends to make a contribution to understanding of human sciences careers by showing children that:

- ◆ HS make important contributions to everyday life.
- ◆ Children can use HS knowledge to improve their lives.
- ◆ Careers in HS can be fun and satisfying.

This site is also available to families as they help their children learn about career options. See [www.kon.org/kids](http://www.kon.org/kids).

## Get Social!

Join us on Facebook, LinkedIn, and News Blog

Find colleagues, news, and share ideas via social media:

- ◆ [www.facebook.com/login.php](http://www.facebook.com/login.php) - Login and search for Kappa Omicron Nu
- ◆ [www.linkedin.com/groupsDirectory](http://www.linkedin.com/groupsDirectory) - Login and search for Kappa Omicron Nu
- ◆ <http://blog.kon.org/> - or find us on the Homepage of [www.kon.org](http://www.kon.org).

## Kappa Omicron Nu Chapter Program Awards

**Social Responsibility Award (2009-2010)**

**Omicron Beta Zeta Chapter, Virginia Tech University**

Partnership with Upward Bound Workshops on applying for scholarships, resume writing, and professionalism and on dating violence, depression/anxiety, and body image

**Collaborating and Networking Award (2009-2010)**

**Omicron Beta Zeta Chapter, Virginia Tech University**

Undergraduate Workshop on understanding the graduate school application process

## 2010-2011 Fellowships and Awards

**Chapter Scholar Program**

**LeaderShape Institute Award**

- ◆ Mike Mulvey (Kappa Alpha Tau) – Bradley University – Nutrition

**Doctoral Fellowships**

- ◆ Catherine C. Coccia (Omicron Pi) – Florida State University – Family Relations
- ◆ Jennifer Walsh (Omicron Alpha Beta) – University of Maine – Food and Nutrition

**Master's Fellowship**

- ◆ Lora I. Werkmeister (Nu Xi) – Youngstown State University - Education

**Research Grants**

- ◆ Ronald L. Mullis, Mercedes Nalls (Omicron Pi) - Florida State University – New Initiative: Relations between Siblings Support and Identity Formation Processes
- ◆ Loren Marks (Omicron Alpha Tau) – Louisiana State University – Families and Faith: A Qualitative Study of a Diverse U.S. Sample of Religious Families

These benefits of membership total \$35,000.

## News from the KON Career Center

Access career information and connect to opportunities within the network.

Find Experience on the KON Career Center link on the homepage at [www.kon.org](http://www.kon.org).

Join the Kappa Omicron Nu National Resume Club. NUresume is a Student Resume Network for students and student groups to create an online resume portfolio.

Find NUresume on the KON Career Center link on the homepage at [www.kon.org](http://www.kon.org).



## Kappa Omicron Nu Fellowships and Grants for 2011-2012

### LeaderShape Institute Award

#### National Grants to Chapters

**Scholar Program** – Variable Grants awards will be based on the prior year's total initiates according to the schedule once each biennium. Awards vary from \$150 - \$500.

#### Master's Fellowship

**Eileen C. Maddex Fellowship**-\$2,000 awarded annually from an endowment in the Omicron Nu Fellowship Fund in honor of her contributions as Omicron Nu Executive Director.

**National Alumni Fellowship**-\$2,000 awarded by the National Alumni Chapter

#### Doctoral Fellowships

**Hettie Margaret Anthony Fellowship**-\$2,000 awarded for doctoral study from the Kappa Omicron Phi Fellowship Fund in honor of her as founder of Kappa Omicron Phi at Northwest Missouri State University.

**Omicron Nu Research Fellowship**-\$2,000 awarded annually for doctoral research from the Omicron Nu Fellowship Fund.

**Marjorie M. Brown Fellowship Program**-\$10,000 awarded annually for focus on critical social theory in scholarship and research.

#### Research/Project Grants

One or more grants are awarded annually that meet the criteria of the Kappa Omicron Nu research agenda. Cross-specialization and integrative research is the research priority for the honor society. Special consideration will be given to research that studies the cultural differences that affect leadership, especially Hispanic, Asian, and Native American.

Another topic of interest is the exploration of how minority students “strike out on their own” in career development.

**National Alumni Chapter Grant**-\$1,000 awarded annually as a project of the National Alumni Chapter.

**New Initiatives Grant**-\$3,000 awarded annually from the Kappa Omicron Nu New Initiatives Fund.

**NEW - Kappa Omicron Nu/Ruth E. Hawthorne Research Grant**-\$3,000 awarded to tenure track assistant professors seeking support for a research/creative activities agenda.

*Further information can be found at [www.kon.org/awards/grants.html](http://www.kon.org/awards/grants.html).*

#### Marjorie M. Brown Fellowship Program Expanded

Four classifications of awards are available; one award among these alternatives will be granted annually in the amount of \$10,000 if the criteria of the award are met. Further information can be found at [www.kon.org](http://www.kon.org).

- ◆ Ph.D. or D.Ed. students seeking doctoral degrees from accredited U.S. institutions of higher education – this program is ideal for students who are in the process of formulating their dissertation proposals as well as doctoral candidates with approved dissertation proposals. Current (active) Kappa Omicron Nu membership is required of applicants (individual membership affiliation is available to those who meet the criteria for membership).
- ◆ Tenure track assistant professors seeking support for a research agenda using critical social theory – this program can serve as a starter grant and may be renewed for a second year. This program supports individuals beginning independent research careers in academia who do not have other substantial sources of

research dollars. Indirect costs are not provided to the institution. Kappa Omicron Nu membership is required of the applicants (individual membership affiliation is available to those who meet the criteria for membership).

- ◆ Associate professors or professors seeking support for the design and implementation of a graduate course that teaches a critical science research approach – this course is intended to expand knowledge of critical social theory and the research interests of students and requires research proposals as an element of the course. In addition to a traditional course format, the course may be taught online to serve a wider audience. Indirect costs are not provided to the institution. A grant may be renewed for a second year to implement evaluation findings and refine the course. Kappa Omicron Nu membership is required of the applicants (individual membership affiliation is available to those who meet the criteria for membership).
- ◆ Marjorie M. Brown Distinguished Professor Award - This award will be granted to a full professor to recognize and reward the use of critical social theory in scholarship and research. The individual must have achieved national or international prominence and a distinguished reputation within the human sciences through significant contributions to the research literature and/or through accomplished teaching.

## Announcing Media Publications

*See order forms at [www.kon.org/publications/pubs.html](http://www.kon.org/publications/pubs.html).*

**Reflective Human Action** – A Flash presentation that explores the Reflective Human Action theory and the Reflective Human Action Leadership Development Model.

**Framing Issues** – A Flash presentation that explores the theory and practice of framing issues—a component of Reflective Human Action theory.

**Heritage of Home Economics** – A Flash presentation that traces the history of home economics.

**Wicked Problems** – A Flash presentation that explores the PRSM Model for a Quality of Living Assessment.



## Announcing Kappa Omicron Nu Publications

See order forms at [www.kon.org/publications/pubs.html](http://www.kon.org/publications/pubs.html)

### ***African American Women: Contributions to the Human Sciences***

*by Julia R. Miller, Dorothy I. Mitstifer, and Gladys Gary Vaughn*

This book documents the significant contributions of African American women who have contributed to the specializations within the profession and to administration of programs in higher education and extension, among others.

### ***Transformative Practice: New Pathways to Leadership***

*by Sue L. T. McGregor*

This book will be of interest to professionals interested in transforming practice to effectively serve humanity and the common good within an increasingly imbalanced and volatile global environment.

## 2010 KON Board Election

The Nominating Committee, following an open call for nominations, considered the qualifications of nominated candidates for the board of directors and committees for 2009 pursuant to Article VII, Section 2, D. “It shall be the responsibility of the [elected members of the] Nominating Committee to propose at least one candidate for each office and committee vacancy to be filled.”

*Diana Carroll, Nina Collins, Joy Jacobs, Kathleen O'Rourke, Angela Radford Lewis, & Chris Ward*

## Candidate Bios

### **First Vice Chair**

***Barbara Frazier, PhD***

Biographical Sketch - Associate Professor, Textile and Apparel Studies, Western Michigan University; Chapter Adviser, Nu Theta; Active in International Textile and Apparel association and United States Association of Small Business and Entrepreneurship.

Philosophy related to the Kappa Omicron Nu mission - I strongly believe in the value of a human ecological approach to teaching, research, and service. Kappa Omicron Nu's mission and initiatives support my efforts by providing useful resources that inform and support my teaching and research. I believe that KON's contributions to the human sciences through leadership, scholarship, and research development are a valuable resource for family and consumer sciences programs. The organization provides a venue for a vibrant discussion on the philosophical foundations as well as offering effective tools for developing future leaders in the profession.

### **Secretary**

***Cynthia Smith, PhD***

Biographical Sketch - Professor and Chair, Department of Family and Consumer Sciences, Alabama A & M University. I served as adviser of the Kappa Omicron Phi Kappa Gamma Rho Chapter; president of Alabama AAFCS affiliate 2006-2007; chair of 1890 Council of Administrators 2006-2008; chair of AAFCS Council for Certification 1999-2000; president of

National Coalition for Black Development in Home Economics 1989-1991; adviser for Alpha Kappa Mu national honor society.

Philosophy related to the Kappa Omicron Nu mission - The Kappa Omicron Nu mission of empowered leaders teaches its members to aim high, become the best, and to give their best in interacting with their respective environments. The mission embodies many worthy components with provide parameters for the goals and ongoing operations of the organization. To this end, the mission of empowered leaders ultimately perpetuates the human resources for the family and consumer sciences profession. If actualized as intended, it ensures that the profession will have individuals of character and ability to carry the profession into the years ahead and beyond.

### **Editorial Committee**

***Peggy Meszaros, PhD***

Biographical Sketch - William E. Lavery Professor of Human Development and Director, Center for Information Technology Impacts on Children, Youth and Families; My previous officer and committee contributions to Kappa Omicron Nu Honor Society include National Alumni Chapter Secretary, 1984-86; National President-elect, 1985-86; National President of Kappa Omicron Phi, 1986-88, Faculty Advisor of Omicron Zeta Beta Chapter, 2002-present; and Master's Award Committee Chair, 2004-2009. I have also served in numerous leadership roles in the American Association of Family and Consumer Sciences including serving as National President in 1994-95.

Philosophy related to Kappa Omicron Nu Mission - I believe leadership is both a skill that can be developed and enhanced and a responsibility for professionals. Skill development includes developing a vision that is inclusive and the courage to carry out the vision. There is risk involved in leading and courageous leaders must have integrity to focus their energy for the greater good. Professionals involved with an honor society have even a higher calling as empowered leaders and role models for advancing the best ideals of a society. Empowered leaders are prepared and ready to accept the challenges that come with organizational and individual growth.

***Virginia B. Vincenti***

Biographical Sketch - I've been a member since my undergraduate years when the organization was Kappa Omicron Phi. I also joined Omicron Nu when I was in graduate school. I've continued

membership in KON ever since. Looking backwards, I served on the Kappa Omicron Nu Forum Editorial Committee from 1996-1999, the Editorial Committee, 1987-1991, chaired it from 1988-1991. I also was co-author of seven chapters in the 2009 book, African American Women: Contributions to the Human Sciences, published by KON and the National Coalition for Black Development in Home Economics; co-authored the 2009 KON multimedia presentation, "The Heritage of the Profession: Part III" historically examining the profession from 1980 to 2000; co-authored a 2007 article in Kappa Omicron Nu Forum and an invited lead article in 1993, was guest editor of a 1986 issue of KOPhi The Distaff. I also was awarded an Omicron Nu Postdoctoral Fellowship for 1990-1991 and 1991-1992. Other editorial board experience includes serving as Executive Editor, Family and Consumer Sciences Research Journal, 2004-2009. I was AAFCS President, 2003-04 and have chaired many committees including the Taskforce for Program Advancement, 2003-2007. Philosophy related to Kappa Omicron Nu - KON and its predecessors has been a forward thinking leader in providing thoughtful books and articles that address the profession as a whole, leadership, and biographical examples of leaders. This is very important to those of us already in professional practice, but even more important for those who are in pre-service education at the undergraduate and graduate levels. With so much focus on specialization, which is very important in a world of exponentially exploding

masses of information and complex problems needing attention, it is also extremely important that isolated information be integrated into meaningful knowledge that is as effective in fulfilling our professional mission to improve the lives of individuals and families. Although this is a monumental task, KON has been providing many meaningful publications to support this effort. I want to support this effort to provide what is missing in the specialized literature to help our field and profession be as impactful as possible. Empowered leaders need to understand the big picture as it has been evolving in order to function out of a clear vision for the future. Past, present, and future are all interconnected, but understanding this evolution helps us determine the angle of the trajectory for the future.

**Nominating Committee**

**Angela Radford Lewis**

Biographical Sketch - Associate professor and associate dean, curriculum and instruction, College of Education, East Tennessee State University; Member, American Association of Family and Consumer Sciences (AAFCS); AAFCS Collegiate Assembly 2008-2010; AAFCS Annual Conference Committee, 2007-2009; Higher Education Unit Commission on graduate Programs, 2006-2008; Committee to address implementation of AAFCS communities, 2006-2007; Secretary, National Coalition for Black Development in Family and Consumer Sciences, 2007-2009; Member, Council of

Administrators of Family and Consumer Sciences; President, Tennessee Association of Family and Consumer Sciences, 2002-2003; Member and chair-elect, AAFCS Council of Accreditation; Invited participant, AAFCS Future Search Summit, December 2005.

Philosophy related to the Kappa Omicron Nu mission - I have had the opportunity to serve on the KON Board of Directors as secretary, which proved to be an invaluable experience. If elected to serve on the Nominating Committee. I will again have the opportunity to continue to develop leadership skills. But more importantly, I will have the opportunity to promote Kappa Omicron Nu and the holistic nature of the human sciences profession. Working on this committee will also provide me the opportunity interaction with other professionals and to provide service to a tremendous organization.

**Sue Ballard de Ruiz**

Biographical Sketch - Design program, Department of Family and Consumer Sciences, Tennessee State University; Adviser to Kappa Beta Sigma Chapter.

Philosophy related to the Kappa Omicron Nu mission - Empowered leadership is a very important goal for student organizations to support the academic programs in Family and Consumer Sciences. Although the advising role takes time and patience, I am pleased to serve as adviser and support the leadership development of our membership at Tennessee State University.

**2010 KON Board Election Ballot**

*Vote for candidates as indicated and return completed ballot to the address below by December 15, 2010*  
(Order drawn by lot)

**First Vice Chair**

(vote for 1) \_\_\_\_\_

- Barbara Frazier, PhD
- \_\_\_\_\_
- \_\_\_\_\_

**Secretary**

(vote for 1) \_\_\_\_\_

- Cynthia Smith
- \_\_\_\_\_
- \_\_\_\_\_

**Editorial Committee**

(vote for 2) \_\_\_\_\_

- Peggy S. Meszaros
- Virginia B. Vincenti
- \_\_\_\_\_
- \_\_\_\_\_

**Nominating Committee**

(vote for 2) \_\_\_\_\_

- Angela Radford Lewis
- Sue Ballard de Ruiz
- \_\_\_\_\_
- \_\_\_\_\_



**Return ballot to KON Election;**  
4990 Northwind Drive, Suite 140  
East Lansing, MI 48823-5031  
or fax to 517.351.8336





**Kappa Omicron Nu Honor Society**  
**4990 Northwind Drive, Suite 140**  
**East Lansing, MI 48823-5031**

Non-Profit Org.  
U.S. Postage  
**PAID**  
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Permit #407

## *Message from the Board of Directors*

*Deborah Tippett*

I love new beginnings. From the start of a school year to the beginning of the New Year, I enjoy filling in important dates on my calendar and reflecting on the previous year. As Emily Dickinson wrote, "I dwell in possibility." At new beginnings, everything is possible.

Last January, your Board of Directors met to learn about board governance and affirm the purpose of KON as empowered leaders. We discussed the future direction of Kappa Omicron Nu and talked about ways to make our Web site more accessible for members. If you have viewed the new video link on [www.kon.org](http://www.kon.org), "Why Kappa Omicron Nu?" you've heard the student board members ask, "What do we stand for?" Their responses include: Engaged Members, Leadership Development Opportunities, and Dynamic Programs. As I write my first message to you, I'll use their words as our resolutions for this year.

Let's Engage Our Members. What are you doing in your chapter to engage your members? This issue of Dialogue offers thoughtful suggestions of books, programs, and chapter projects. What can you do to make members energized and involved? Can you use the new program theme of a Socially Responsible World? Look at what other chapters are doing such as the award-winning project of Omicron Beta Zeta Chapter at Virginia Tech for the Social Responsibility Award for their partnership with Upward Bound to provide workshops on timely topics such as dating violence, depression, and body image. Would your members want to tackle the issue of Childhood Obesity with a partnership with AAFCS and CCHS? Can you encourage your members to contribute to the Undergraduate Research Journal for Human Sciences?

Let's Provide Leadership Development Opportunities. The opportunities for leadership development are wide-ranging in Kappa Omicron Nu. Look at the scholarships and grants that are available to you. There is more than \$35,000

in grants and scholarships available each year to our members. Read the leadership publications that are posted on our Web site. Perhaps you will consider running for office in the coming years. Or, you'll use our leadership materials to promote leadership development on your campus.

Let's Implement Dynamic Programs. What meaningful programs have you planned for the year? We would welcome photos and stories of what your members are doing to contribute to the mission of Kappa Omicron Nu. There are many program ideas listed in this issue for your consideration.

As we look toward the future, it is also an exciting time to reflect on our past. Plans are underway to celebrate the 100 years of Omicron Nu, which merged with Kappa Omicron Phi to become Kappa Omicron Nu twenty years ago. Omicron Nu was founded in 1912 at Michigan Agricultural College, now Michigan State University. The guiding principles of scholarship, research, and leadership have remained true to our organization.

Now close to 100 chapters make up Kappa Omicron Nu. Perhaps this is a time to celebrate your own chapter's history and contributions. Plans are gearing up for a Centennial Campaign as we prepare to come together in August of 2012 at Conclave at Michigan State where we began 100 years ago. I am grateful for the leadership of Linda Nelson from Michigan State who is chairing this campaign. Mark your calendars for this historic celebration.

I look forward to serving as the Chair of your Board of Directors and seeing you at Michigan State in 2012 when we honor our past and celebrate our future. May this be a year filled with possibilities for your chapter and for Kappa Omicron Nu.

Best wishes on behalf of a dynamic, engaged Board of Directors,  
*Deborah Tippett*

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